

 **Café Kids**
Parent Permission Form

Please sign and return this form by _____. Without returning this signed form, your child will not be able to cook in our Café Kids kitchen.

Student/Parent or Guardian Agreement to participate in the cooking program at Tulsa Trail School.

_____ (Name of Student) will have the opportunity to use kitchen utensils and equipment during our cooking program.

Students will learn about appropriate and safe operation and use of the kitchen equipment and they will be supervised at all times. Although every precaution is taken to prevent accidents, a certain risk is involved due to the nature of the experience, the age of the student, and the learning environment.

In addition, we are asking your cooperation in impressing upon your child the importance of being careful and following the safety and operation instructions given by the teachers.

I have read the above communication and I understand the type of program in which my child enrolled. I will stress the safety aspects of the program and encourage him or her to participate fully in this program.

Parent/Guardian

I give my child, _____, permission to participate in the Café Kids cooking program.

Signature of Parent or Guardian

Date

Daytime Phone _____

Student

I, _____, agree to listen to my teachers and follow their instructions. I will have fun while following the safety rules of the kitchen.

Signature Student

Date



Kitchen Safety

1. Never run in the kitchen.
2. Never touch anything electrical with wet hands.
3. Put large pans on big burners and small pans on small burners. Don't let the handles to stick out over the edge of the stove or another burner.
4. Be careful with knives and do not use them without adult supervision.
5. Always use oven gloves or potholders for hot items such as pans, baking trays, opening the oven.
6. Make sure you turn everything off once you have finished.
7. Lift lids away from you and keep your face away from steam.
8. Never put foil or metal in the microwave. Use only microwave-safe containers to heat food in the microwave. Ask an adult if you're not sure if it's a safe container.
9. Do not put your face near the oven when opening it.
10. Ask an adult to lift heavy items and help you pour out hot water from heavy pots – like when you're cooking pasta.